

# St. Peter's Primary School

## Report on Physical Education, School Sport and Physical Activity (PESSPA)

Academic Year: 2023-2024

Physical Education at St. Peter's means that children leaving in year 6 have:

- An awareness of the link between physical activity and good mental health and understand it's significance as part of a healthy lifestyle.
- Experienced a broad range of different activities using a wide range of skills.
- Participated in inter-house, inter-school or other competitions, building personal development skills such as teamwork, resilience, healthy competition and sportsmanship.
- Been inspired to have a lifelong participation in sports and physical activity.

Growing Together in Knowledge, Wisdom and Faith

The below document outlines the priorities of Physical Education, School Sport and Physical Activity at St Peter's for the academic year of 2022 – 2023. It reports on the allocation of funds from The Primary PE and Sports Premium Fund, which for 2022-2023 was £17,800. According to the Department for Education: "The School Sport and Activity Action Plan set out government's commitment to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the Chief Medical Officer guidelines which recommend an average of at least 60 minutes per day across the week).

The PE and Sport Premium can help primary schools to achieve this aim, providing primary schools with £320m of government funding to make additional and sustainable improvements to the quality of the PE, physical activity and sport offered through their core budgets. It is allocated directly to schools, so they have the flexibility to use it in the way that works best for their pupils. The PE and Sport Premium survey highlighted the significant impact which PE and Sport has had in many primary schools across England."

This document therefor also outlines the action plan for Physical Education, School Sports and Physical Activity at St. Peter's for 2022-2023, including allocation of Sport Premium funding. As set out by the Department for Education, there are five key indicators that schools should expect to make improvements across for the Primary PE and Sports Premium and include:

| Indicator | Description of indicator  | % total allocation |
|-----------|---|--------------------|
| 1.        | The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school |                    |
| 2.        | The profile of PESSPA being raised across the school as a tool for whole school improvement   |                    |
| 3.        | Increased confidence, knowledge and skills of all staff in teaching PE and sport  |                    |
| 4.        | Broader experience of a range of sports and activities offered to all pupils  |                    |
| 5.        | Increased participation in competitive sport  |                    |

## Details about funding

|  |         |
|--|---------|
| Total amount allocated for Financial year 2023/24                                  | £17,800 |
| Total amount of funding for 2023/24. To be spent and reported on by 31st July 2024 |         |

## Swimming Data

|  |  |
|--|--|
| Meeting national curriculum requirements for swimming and water safety.  |  |
| What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?  |  |
| What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?  |  |
| What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?  |  |
| Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way? |  |

## Action Plan and Budget Tracking

|   |  |                         |  |  |
|---|--|-------------------------|--|--|
| Academic Year: 2022/23 All children should have   | Total fund allocated: £17,800  | Date Updated: July 2023 |  |  |
| <b>Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school</b> |  |                         |  | <b>Percentage of total allocation:</b>   |
| Intent  | Implementation   |                         | Impact   |  |
| Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:   | Make sure your actions to achieve are linked to your intentions:   | Funding allocated:      | Evidence of impact: what do pupils now know and what can they now do? What has changed?: | Sustainability and suggested next steps: |
| All children have access to, and be actively included, in quality PE lessons.   | Reallocate money from coaching of PE to further investment in new PE equipment in line with new curriculum developed for 2023-24.                      |                         |  |  |
|   | Look to continue balance ability for Year R beginning in the spring term.<br><br>Look to book and run bike ability for year 6 in the summer term 2024. |                         |  |  |
| Children to have active break and lunchtimes.   | Look to remove this provision and have it run by sports leaders from September 2023  |                         |  |  |
|   | Continue year 6 buddies and hall monitors on a rota basis in liaison with year 6 teacher.  |                         |  |  |

|  |   |  |  |  |
|--|---|--|--|--|
|  | PE coordinator to run the sports leaders programme for academic year of 2023-24 with group of 19 sports leaders. Monthly meetings to occur to measure impact, create new activities and discuss progress. |  |  |  |
| Engage children in regular, cross-curricular physical activity breaks throughout the day (active breaks and active lessons). | PE, Maths and English leads to monitor impact of 'teach active' sessions across the school – ensure that it is being use across Maths and English more regularly throughout the school year.              |  |  |  |
| Provision of before and after school extra-curricular clubs to engage as many pupils as possible.                            | Conduct annual pupil review using online survey to understand what people would like to continue or what new activities to include (Pupil Voice)  |  |  |  |

Total cost for Key indicator 1: £

| Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement  |  |                    |  | Percentage of total allocation:          |
|---|--|--------------------|--|--|
| Intent  | Implementation   |                    | Impact   |  |
| Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice: | Make sure your actions to achieve are linked to your intentions:   | Funding allocated: | Evidence of impact: what do pupils now know and what can they now do? What has changed?: | Sustainability and suggested next steps: |
| To continue to create a well-being focussed culture for staff and pupils. This includes both physical, mental health and wellbeing.                         | Continue to do wellness afternoons for 2023-24 on a termly basis (end of each half term)<br><br>Look to conduct a pupil survey related to well-being and how pupils feel about the opportunities we offer at school. |                    |  |  |
| To raise the profile of PE and School Sport through the celebration of participation and success with pupils, parents and other stakeholders.               | Create a rota with sports leaders to ensure coverage of all events the school will attend next year.   |                    |  |  |
| Membership of national PE and sports organisations, providing access for all staff to quality CPD and resources.  | Membership for the Association of Physical Education   |                    |  |  |
|   | Membership to TWKSSP for CPD and resources   |                    |  |  |

Total cost for Key indicator 2: £

| Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport   |   |                    |  | Percentage of total allocation:          |
|---|---|--------------------|--|--|
| Intent  | Implementation  |                    | Impact   |  |
| Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:   | Make sure your actions to achieve are linked to your intentions:  | Funding allocated: | Evidence of impact: what do pupils now know and what can they now do? What has changed?: | Sustainability and suggested next steps: |
| Through annual staff audit carried out in September 2022, continue to ensure CPD for each teacher is targeted to their personally identified less confident areas of PE and areas not previously supported. | Through annual staff audit carried out in June 2023, continue to ensure CPD for each teacher is targeted to their personally identified less confident areas of PE and areas not previously supported.  |                    |  |  |
|   | Action some of the points taken from the workshops during last year's PE conference: <ul style="list-style-type: none"> <li>• Ensure teach active occurs several times a term.</li> <li>• Working with SENCO and PSHE lead, continue to develop a wellbeing and Mental Health awareness and how PE can support this.</li> <li>• Continue to engage with sport festivals and other events supported by the Youth Sports Trust</li> </ul> |                    |  |  |

Total cost for Key indicator 3: £

| Key indicator 4: Broader experience of a range of sports and activities offered to all pupils   |   |                    |  | Percentage of total allocation:          |
|---|---|--------------------|--|--|
| Intent  | Implementation  |                    | Impact   |  |
| Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:   | Make sure your actions to achieve are linked to your intentions:  | Funding allocated: | Evidence of impact: what do pupils now know and what can they now do? What has changed?: | Sustainability and suggested next steps: |
| Continue to review and extend the broad and balanced PE curriculum that is offered to the whole school, to ensure that the children are engaged, and the National Curriculum requirements are exceeded. | Based on pupil survey will look to introduce new sports into the PE curriculum for 2023-24 (Basketball, Dodgeball, Badminton)<br>Will also look to further develop the playground area with an obstacle course playground, including climbing frames and other equipment. |                    |  |  |
|   | PSC run weekly sports clubs including, football, multi-sport, seasonal-sport, competition prep)   |                    |  |  |
|   | Judo for KS1 and KS2 pupils   |                    |  |  |
|   | Yoga for KS1 and KS2 (since April 2023)   |                    |  |  |
|   | Netball Club (Since March 2023)   |                    |  |  |
|   | Dance for all pupils (from January)   |                    |  |  |
|   | Running club for KS2 pupils (since January)   |                    |  |  |
|   | Gymnastics club for KS1 & KS2   |                    |  |  |
|   | Hockey for years 4-6 (since January)  |                    |  |  |



Total cost for Key indicator 4: £

| Key indicator 5: Increased participation in competitive sport  |   |                    |  | Percentage of total allocation:          |
|--|---|--------------------|--|--|
| Intent   | Implementation  |                    | Impact   |  |
| Your school focus should be clear what you want the pupils to know and be able to do and about what they need to learn and to consolidate through practice:  | Make sure your actions to achieve are linked to your intentions:  | Funding allocated: | Evidence of impact: what do pupils now know and what can they now do? What has changed?: | Sustainability and suggested next steps: |
| Continue to ensure that the children are given a wealth of opportunities to take part in competitive sports events, both intra and inter school, in 2022-23, registering B teams as well as A teams wherever possible to allow for the greatest number of children to participate as possible. | Aim to achieve the Platinum level for 2023-24 for the School Games Award, with the criteria necessary to achieve this.  |                    |  |  |
|  | Organise annual Sports, Art and Wellbeing Week for 2023-24 if necessary funded through fundraising activities throughout the year. Consult with Sport Leaders to develop activities to run for Sports Day |                    | •  |  |
|  | Swimming Gala   |                    |  |  |
|  | mSPORTi West Kent Schools Football League Year 5/6  |                    |  |  |
|  | Netball Friendlies - Possibly create a collection of schools to play against, but will speak to netball coaches (Headteacher and Business Manager)  |                    |  |  |

Total cost for Key indicator 5: £

|                 |  |
|-----------------|--|
| Signed off by   |  |
| Head Teacher:   |  |
| Date:           |  |
| Subject Leader: |  |
| Date:           |  |
| Governor:       |  |
| Date:           |  |

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